



Annual Report 2019

“Transform yourself by transforming others, become somebody else by helping others”. Dr. Alfonso Ruiz Soto



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Grupo Altía was founded in 1991 with the mission of improving the living conditions of people with high vulnerability through the sum of the wills of people who want to live the vocation of service to help others, so responding

About us

to this humanitarian purpose and after implementing various social programs since its foundation, in 2015 a process of institutional professionalization began, in order to face the new challenges of inequality and exclusion in Mexico, in such a way that it designed and implemented the intervention model «Altía Educativo».



Mission

Encourage the development of the individual through the strengthening of their potentials, providing them with tools that promote self-knowledge so that they achieve full personal, family and social development.



Vision

In 2023 Grupo Altía is a benchmark organization in reducing biopsychosocial risks which, through its intervention model, achieves the reconciliation of people with themselves and with their environment.



Values

A Dedication to Service.

Empathy.

Commitment.

Teamwork.

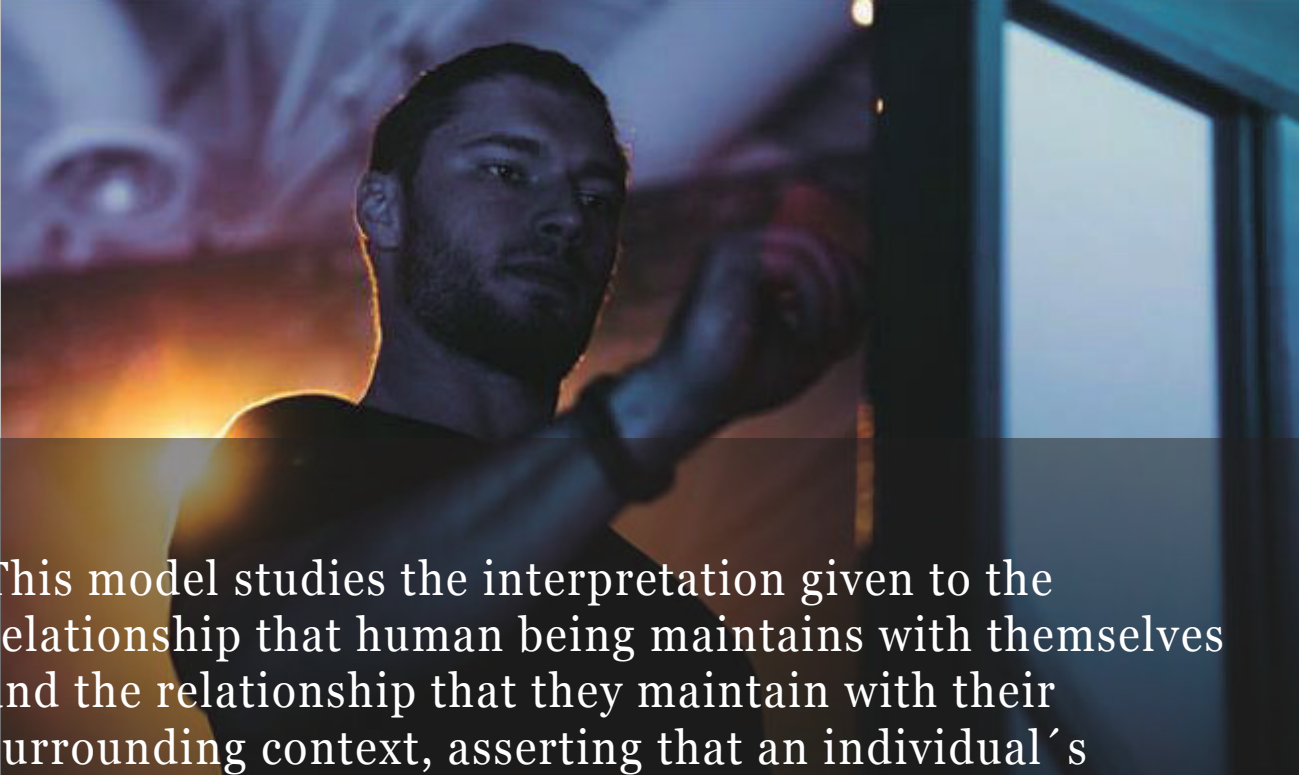
Support.

Honesty.

Altia Educatio aims to promote self-awareness of the individual by studying, discovering, recognizing themselves and acting accordingly when exercising their life project maximizing the strengths of their human potential.


Intervention model

Altía Educatio's fundamental basis is an educational model for human development called Semiología de la Vida Cotidiana® (Semiology of Everyday Life®), which places the individual at the center of their own learning process.



This model studies the interpretation given to the relationship that human being maintains with themselves and the relationship that they maintain with their surrounding context, asserting that an individual's

quality of life does not depend exclusively on external circumstances or of the events that may occur in their life, but rather on the emotional maturity that allow them to provide an adequate response to said events.



Likewise, Altía Educatio manages to combine this training tool with actions and accompaniment services as an additional support mechanism so that the population served can fully enjoy social, educational and / or labor inclusion.

1. Training

Objective: To provide tools to the individuals so that they can identify the strengths of their human potentials and implement them in their life.

- Conferences.
- Courses.
- Workshops.

179 Beneficiaries.
696 scholarships
for 316 people.
98 courses and
workshops.



Population:

People with visual, motor and multiple disabilities, relatives of people with disabilities, primary caregivers, the general public.



Venues:

Sedes: Centro Médico Nacional Siglo XXI - Grupo Altía in Iztacalco
- School of Equality in Narvarte - Disability CDMX - FINDEDIS -
Sukhavati Yoga - COMUNIS.

2. Accompaniment



Objective: To accompany the person in the process of their internal reconciliation and reconciliation with their environment to develop a comprehensive life plan.

180 beneficiaries.
1498 consultations
in Semiology of
Everyday Life.
36 Certified
Consultants.

- Individual educational counselling.
- Educational counselling for couples.
- Family educational counselling.
- Human development workshops.

Venues:

Grupo Altía headquarters in Iztacalco
and COMUNIS in Benito Juárez.

3. Awareness

Objective: Promote empathy and inclusion of people through the visibility of various social problems.

- Donation of orthopedic devices.
- Donation of various support in kind to individuals.
- Awareness events and workshops.



- 8 Activations of A Mission for Inclusion at different companies in which 4,246 people were impacted.
 - 3 beneficiaries of Hemodialysis treatment.
 - 38 Beneficiaries of financial support: the elderly and people with disabilities.
 - 82 in-kind support services where 11,309 donations were granted.
- Donation in kind (orthotics, wheelchairs, toys, food provisions, clothing, linens and furniture).



This year the Mexican Sign Language course was launched. More than 20 people were trained during 21 sessions, giving a total of 84 hours in the Knowledge of this language.

4. Crisis Intervention



Objective: To provide emotional accompaniment to people who have been in a situation of social crisis or natural disaster.

It was not carried out because it was not requested and no social crisis and / or natural disaster was aroused within our scope of influence.

- Individual educational consultation.
- Educational consultation for couples.
- Family educational consultation.
- Group educational consultation.

As a result of the events that occurred in September 2017, Grupo Altía allocated all the funds raised by its donors to this Strategic Fund in order to maximize the impact on the population in the states of Mexico, Morelos, Oaxaca, Puebla and Chiapas, by restoring,

Alliances with



Fondo de
construcción
integral



**FUNDACIÓN
MERCED**

in the long term, the social organization and habitat of small affected communities, where a sustainable community development is fundamental as the basis for recovery, and social participation.

For its operation, the general strategy of the Fund considers the work on three main lines:

- 1.- Sustainable reconstruction of the habitat.
- 2.- Strengthening of the Social Fabric.
- 3.- Restoration of Productive Processes.



Two years after its implementation and being timely monitored by Fundación Merced responding to its operational partners, we were able to conclude the following projects:

"Ecatzingo,
Sustainable rural co-
design".

Location: Ecatzingo, State of Mexico



Achievements:

- 34 families trained in construction techniques.
- 4 houses co-designed and rebuilt implementing alternative construction and earthquake-proof techniques, also making use of materials from the area.
- 11 schools participated in workshops on various topics to strengthen the social fabric.
- 2 temporary classrooms built for relocated schools.
- 42 people trained in 14 productive project design workshops, focused on local products or activities.



Location: Hueyapan, Morelos



"Community Reconstruction in the neighborhoods of:

San Bartolo, San Jacinto and San Miguel.



Achievements:

- 12 km of slopes stabilized through reforestation, helping reduce landslides.
- 139 people from the community were trained in soil-leveling to reduce landslides and protect houses.
- Rehabilitated educational community center.
- Creation of a reforestation brigade for conservation and rehabilitation that gives access to the community center, on Cerro El Mirador, and a committee to monitor the slopes.
- 139 horticultural producers were trained in various techniques of soil conservation both on slopes and plains, as well as in rainwater piping. This will help improve their crops and reduce deforestation of timber-yielding trees caused by producers.



"Comprehensive Construction Morelos" Project.

Location: Xoxocotlá, Morelos



Achievements:

- 37 houses rebuilt with community participation, 1 house foundation for a family, 2 families joined the partial reconstruction of their houses. Based on the needs assessment, decision on which houses to rebuild was made.
- 98 women and 146 men trained in earthquake-resistant construction techniques using local material and in the use of biodigesters for the construction of ecotechniques.
- With these tools, the community holds community meetings once a week, facilitating the decision-making regarding the problems they face.



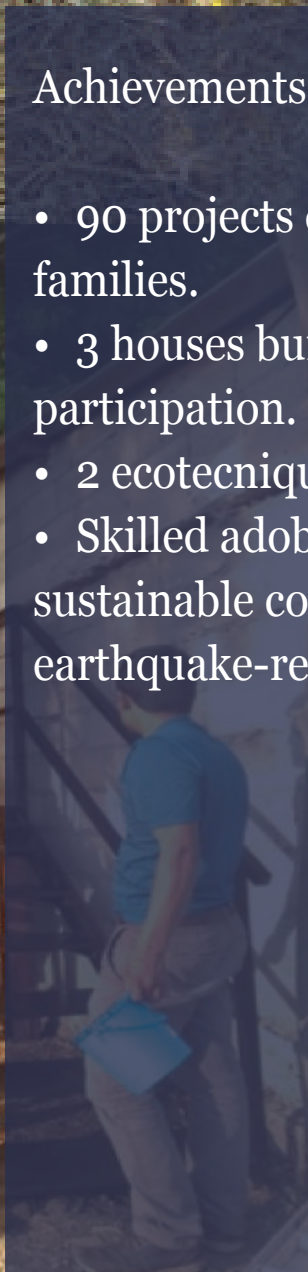
Location: Totolapan, Morelos



"Social Reconstruction of Habitat, San Marcos, Totolapan, Morelos" Project.

Achievements:

- 90 projects designed for affected families.
- 3 houses built with community co-participation.
- 2 ecotecnique construction workshops.
- Skilled adobe-makers trained in the sustainable construction of 80 earthquake-resistant houses.



Location: Tetela del Volcán, Hueyapan, in Morelos; and Ecatzingo, State of Mexico.

"Sustainable and Productive Hillsides - Production of Avocado & Other Fruit Trees in Agroforestry Systems" Project.



Achievements:

- 139 producers trained in:
 - Sustainable crop production and conservation of productive and forest soils.
 - Production of solid organic fertilizers for disease control in fruit trees.
- 4,000 fruit trees planted together with 16,000 timber-yielding trees, for the construction of agroforestry gardens.



Location: San Juan Guichicovi



"Comprehensive recovery of communities affected by the 2017 earthquakes in the Isthmus of Tehuantepec, Oaxaca" Project.



Achievements:

- 449 people trained in 14 workshops on self-construction of 150 earthquake-resistant dry toilets.
- 373 people trained in 14 self-construction workshops on the production of 90 wood-saving stoves.
- 20 people trained in 9 workshops on self-construction of 30 rainwater collection tanks.
- A manual for the construction, use and maintenance of the same.
- A prototype model of an earthquake-resistant house was made, adapted to the geological and weather conditions of each community.



**Location: Santa María Nativitas
Coatlán, Oaxaca.**

**"Social
reconstruction of
the habitat in
Santa María
Nativitas Coatlán,
Santo Domingo
Tehuantepec,
Oaxaca" Project.**



Achievements:

- 98 houses rebuilt in co-participation of the entire community.
- 16 women formed a construction committee to make the progress public and make decisions about the priority of the families to be supported.
- 47 women and 77 men trained and employed to manufacture adobe.
- For the first time in the community, women work outside the home and are paid.



Location: Paredón, Chiapas.



"Strengthening seeds in the creation of a sustainable habitat to adapt to climate change in Paredón, Chiapas" Project.



Achievements:

- 8 families have two eco-technologies in their homes: wood-saving stoves and banana circles.
- A new group of eight families joins the process of building ecotecnias.
- 30 young people monitor the water wells of Paredón.
- 80% of the information obtained from the monitoring is systematized, in order to propose community actions that allow to improve the quality of water and access to this vital element; thus improving the health and quality of life of its inhabitants.



"Comprehensive community recovery project of Asunción Ixtaltepec, Oaxaca" Project.

Location: Asunción Ixtaltepec, Oaxaca.



Achievements:

- 85% progress in the construction of module 2 of the community center.
- 5 workshops with 27 women and 3 men from the community on:
 - Permaculture
 - Psycho-affectivity
 - Body mapping
 - Culinary knowledge
- 3 trade workshops are given with local entrepreneurs and activists for the production of huaraches, pottery and textiles.



In alliance with INDISCAPACIDAD, FINDEDIS, Escuela de la Diversidad and Sukhavati Yoga, we open various support groups aimed at family members and primary caregivers of people with disabilities.

Alliances with



INDISCAPACIDAD

Escuela de la diversidad de la Subsecretaría
de Derechos Humanos de la CDMX

FINDEDIS, A.C.



Contributing, mainly to their self-knowledge, tools to transform negative emotions in the face of disability, as well as knowing how to set limits and solve daily conflicts allowing them to reduce their stress.

Indiscapacidad



Diversity School of the CDMX Human Rights Undersecretariat

FINDEDIS



Sukhavati Yoga

In alliance with La Ventana Arte Inclusnte, we carry out various Art Workshops for girls, boys, adolescents and young people with cerebral palsy.

Alliances with



The Inclusive Art Window

The activities carried out through sensory stimulation exercises allowed them to boost and develop their self-confidence, reduce their spasticity and improve their coordination.



The Art Window



Art Workshop for Children with Disabilities

Thanks to the union of wills between Grupo Altía and its allies, we have the strength to carry out actions for the good of humanity.



Strategic Allies



Events



Museum of Memory and Tolerance So I Am

Within the framework of the temporary exhibition entitled “So I Am” dedicated to people with disabilities, Grupo Altía participated in the Memory and Tolerance Museum with an activation whose objective was focused on fostering a culture of social inclusion.



3rd Generation Closure

Altía Education



The 3rd Generation of Altía Education, completes its training process after having received the first 8 courses of Semiology of Everyday Life®.



Panel Discussion

Moderator: Eduardo Monsalvo Albarrán,
Degree in Sociology at the
Faculty of Political and Social
Sciences of the UNAM in
Ciudad Universitaria.

Under the title:
"Professional life in
disability: challenges
and achievements", a
space for expression
and reflection was
opened, in which 5
panelists with different
disabilities told us
about their experience
in professional life, the
challenges and
opportunities they face
on a daily basis.



Speakers:

- Saraí Vega Espinosa, Law Degree, Spokesperson for Grupo Altía, I.A.P. - Motor disability.
- Rubén Navarro Espinosa, Master in Administration, Department Head of Resources and public policy projects DIF -Motor Disability.
- José Luis Cortés González, Higher University Technician in Inclusion of People with Disabilities, Professor of LSM - Hearing Disability.
- Matías Alaniz, Bachelor of Political Sciences and Public Administration, Provider of professional services in the Coordination of Open University and Distance Education-UNAM, Professor of subject at the Faculty of Political and Social Sciences-UNAM. Neuromotor disability.
- Héctor Martínez, Food Engineer, Laboratory Technician and Certified Sommelier. Public official of the Institute of Sports in sports medicine. Visual disability.



SAS BE A HERO

SAS Mexico launched the “Be a hero” campaign to promote fun and family coexistence, promoting the inclusion of people with various disabilities in their 9th career in favor of Grupo Altía IAP.



Premiers

- On the Basis of Sex
- Pain and Glory
- The Good Liar



Our community came together to enjoy the premieres of these three films, where, in addition to living together, they had the opportunity to raise funds to enhance more charities.

CONVERSATORIO



La Cultura en el Antropoceno
Lourdes Arizpe
Karen Kovacs

Martes 29 de octubre de 2019
 19:00 horas
 Brindis de honor

CUPO LIMITADO
RESERVE SU LUGAR



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TALLER PERMANENTE

LEER LA VIDA



Explora los temas de la vida a través del maravilloso mundo de la lectura, la escritura y la charla literaria

Imparte | Maestra Angélica de Icaza
 Permanente, miércoles de 11:00 a 13:00 horas

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 Coordinación de proyectos
 Amargura 4, San Ángel

Within the facilities of the Miguel Ángel Porrúa Bookstore, in the San Ángel neighborhood, artistic expressions, knowledge, history and culture in general were carried out.

SERÁ UN GUSTO CONTAR CON SU ASISTENCIA

CONFERENCIA

La arquitectura mexicana

Una mirada de lejos

CATHERINE R. ETINGER

Miércoles, 25 de septiembre de 2019
 19:00 horas
 Brindis de honor

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 Coordinación de proyecto, Matías Porrúa Ochoa Tel: 55 5506.7992
 Amargura 4, San Ángel, Álvaro Obregón, 01000, Ciudad de México



Christmas

Posada



We celebrate with Dr. Alfonso Ruiz Soto, Grupo Altía Board of Trustees, Operative Team, Donors, Friends and Family members of our Programs, our Posada 2019.

National and International Recognitions



- The International Banner of Peace, awarded by the ONU.



- The Silver Star awarded by the Association of Professionals in Public Relations and Journalism (APPREP).



- Commemorative Medal awarded by UNICEF for a better planet for children.



- Home Runs awarded by Fomento Social Banamex..



- Reason for Being Award given by Fundación Merced, in the category of Labor Inclusion of People with Disabilities in alliance with VIM and FHADI.



- Commemorative Medal for “Personal Freedom to Serve Others” awarded by the Mexican Association of Private Assistance Institutions (AMIAP)



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